

57. Chronic Diseases: the French Diabetes Management Program *sophia*

C. Bismuth

French Health Insurance Fund for employees (CNAMTS), France

The management program for chronic diseases is a major priority for the French National Health Insurance (CNAMTS). As early as 2005, this priority was included in the risk management orientations agreed by the Cnamts Board of Directors. For two years, the Cnamts has been preparing and finalizing this management program, based on disease management methods. The CNAMTS goal is to improve the health status and the quality of life of diabetic patients and to reduce health care expenditure by reducing complications and comorbidity frequency.

The CNAMTS is striving to provide, for the first time, a very broad program of support, addressing both type 1 and type 2 diabetes patients, building on the GPs' central role in the French care system and helping them to coordinate care for their patients.

CNAMTS's approach aims at setting differentiated health support proceedings according to the patients' risk status. The contents are adapted to each risk status combining written documents, outbound phone calls and inbound calls and web adapted support.

The first "pilot" experimentation was launched in January 2008. Experimentation spreads over 10 districts with a target population of 140 000 diabetics and 6 000 GPs. The 30-month pilot period aims at identifying conditions of generalization of the program at national level.

The evaluation of the pilot experimentation (with an outside institution) aims at following up the implementation progress, measuring pilot efficiency and accessing cost.